FREE

INTENDED FOR A 21+ AUDIENCE

ISSUE #51

HIGH! CANADA MAGAZINE

- WELCOME TO 2020 - THE FUTURE OF CANNABIS IN CANADA STARTS HERE!

CANNABIS INDUSTRY / COMMUNITY NEWS, INFORMATION & EDUCATION

Model - Stoney Wifey @thebongripsandbuttershow Photographer Ryit Photography aka @ryitphotography

www.TwistedSistersCBD.ca

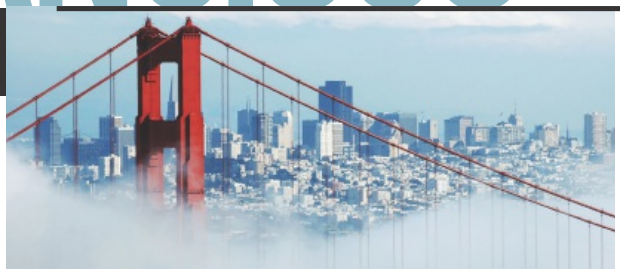
Wholesale opportunities email info@twistedsisterscbd.ca

INTERNATIONAL CANNABIS BUSINESS CONFERENCE

WORLD SCHEDULE 2020

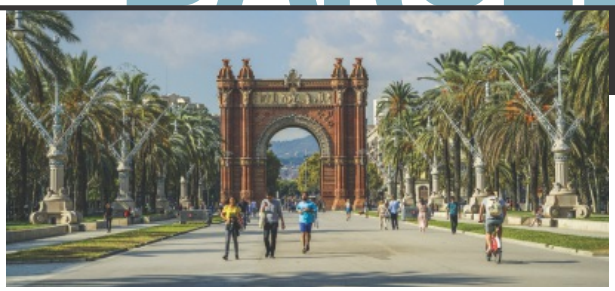
SAN FRANCISCO

FEBRUARY 6-7



Planet Earth's Premier
Cannabis Networking Event

BARCELONA

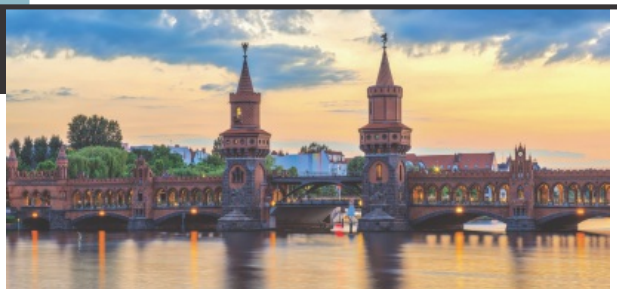


MARCH 12

EXHIBIT an upcoming event!
Contact us: **001.541.864.0090** or
jessie@internationalcbc.com

BERLIN

APRIL 1-3



ICBC INFO & TICKETS:
INTERNATIONALCBC.COM

BERN

MAY 13-14

JOIN US!

WE'D SHARE

*a **growing** community*

Sign Up Today For Canada's First FREE Cannabis Network!

Pre-register as a 'Founding Sharer' now and recieve FREE network access for life

www.weedshare.co

CANADA'S PREMIER CANNABIS BUSINESS CONFERENCE

O'CANNABIZ CONFERENCE & EXPO

TORONTO · APRIL 23–25, 2020

THE INTERNATIONAL CENTRE, 6900 AIRPORT RD. MISSISSAUGA, ON

www.ocannabiz.com

KEYNOTE SPEAKER
TECH TITAN AND SERIAL ENTREPRENEUR
MICHELE ROMANOW
OF DRAGON'S DEN

MASTERCHEF CHAMPION
AND AUTHOR OF "MY MODERN AMERICAN TABLE"
SHAUN O'NEALE

KEYNOTE SPEAKER:
PRO SOCCER PLAYER, TRAINER AND COACH
RACHAEL RAPINOE
CEO, MENDI

INDUSTRY CONFERENCE, AWARDS AND EXPO

APRIL 23–25, 2020

RETAILERS REGISTER FOR FREE
visit ocannabiz.com/retailers for more information

OVER 200 SPEAKERS • 100,000 SQ. FT. 350 + EXHIBITORS

AWARDS HOST: GERRY DEE
HOST OF FAMILY FEUD CANADA

2020 O'CANNABIZ INDUSTRY AWARDS GALA

O'CANNABIZ INDUSTRY AWARDS GALA
THURSDAY APRIL 23, 2020
TORONTO AIRPORT MARRIOTT
2020 HOST: GERRY DEE
HOST OF FAMILY FEUD CANADA AND STAR OF AWARD-WINNING SITCOM, MR D.
RESERVE YOUR TABLE: 905-858-3298

20,000 SQ. FT. ADDED FOR RETAIL EXPO
CANNABIS 2.0 - EDIBLES & INFUSED BEVERAGES

CANNABIS IN ANY FORM IS NOT ALLOWED OR AVAILABLE AT THIS SHOW. YOU MUST BE 19+ TO ATTEND.

RESERVE YOUR BOOTH TODAY

REGISTRATION NOW OPEN

VOTED #1 CANNABIS EVENT IN CANADA

Model - Stoney Wifey @thebongripsandbuttershow Photographer Ryit Photography aka @ryitphotography

HIGH! CANADA MAGAZINE

EDITORIAL

Welcome to our very special 51st issue of High! Canada Magazine. Thank you to all our readers and supporters and we look forward to continuing to serve our community.

This issue we come back to the second part of our list of Canadian cannabis advocates, heroes, rebels and visionaries. What an amazing time we have had discussing all the wonderful contributions these fine folk and others have made to the current state of cannabis in Canada. We deeply wish we could list more then just our top 50 but please know that if you are out in the public eye and doing good work to further patients or the plant - then you are a cannabis hero. Period.

We kicked off 2020 with the Lift & Co Expo and Conference in Vancouver and it was very interesting to note how far we have come the last five years by the progression of our cannabis and hemp based events and the types of networking and coverage we do at these types of cannabis-centric events.

There was a distinct lack of cannabis culture at this year's Lift Expo and Conference and in it's place there was so much corporate culture instead. A number of years ago - these events were full of enthusiasm, entrepreneurial spirit and innovation.

Now, at this Lift Expo, we heard more lament over the way the industry has grown and changed rather than joy over producing great product.

There was more emphasis on packaging and retailers this year but missing were many of the faces of activism and advocacy that have gotten us here in the first place.

We love Canada and realize that the conference format may need to be re-tooled for a new type of audience soon. We are, however, optimistic and very excited about the cannabis space and industry exploding in Europe and the Berlin ICBC event is the one Cannabis event in Germany that we are most excited for next and that happens in early April 2020.

Cy Williams

Publisher/Editor
High! Canada Magazine
editor@highcanada.net

HIGH! CANADA MAGAZINE

JAN 2020 / FEB 2020 ISSUE 51

EDITORIAL TEAM

Cy Williams
Publisher/Editor

Tammi Stanhope
Ontario Editor

Rainbow Smithe
BC Editor

Janine Morra
Ontario Editorial Team

Rhys Dsouza
Ontario Editorial Team

Stephanie James
Maritimes Editorial Team

Dave MacAdam
BC Editorial Team

Miss Linotte
Quebec Editorial Team

Miranda Hawryliw
Alberta Editorial Team

High! Canada is not responsible for the actions, services or quality of the products and services advertised within. We will not knowingly support unethical practices of any advertiser or contributor. High! Canada does not support the illegal use of any of the products or services mentioned within no matter how cool or life changing they may be. High! Canada assumes no responsibility for any claims or representations contained in this publication. All material presented within is intended for entertainment purposes only unless of course you find it educational. All rights reserved.

Printed and produced proudly in Canada. For more information on HIGH! Canada please email us at editor@highcanada.net or visit us online at www.highcanada.net

High! Canada is distributed to age verified shops and services and by subscription. High! Canada is intended to educate and inform adults over 21 about the complexities of cannabis consumption and reflects the multifaceted nature of this new industry.

ENABLE AI SUMMIT 2020
DURHAM COLLEGE SUCCESS MATTERS AI/HUB Smart Communities

Musician Paola Vena aka @Paola_venamsp Photographer Ryit Photography aka @ryitphotography Clothing brand Bishop Brigante aka @BishopBrigante aka @Shoptheends

HIGH! CANADA MAGAZINE

CONTENTS:

07 EDITORIAL

11 LIFT EXPO VANCOUVER

16 CANNABIS HEROES

30 KHRONIKKREATIONS

34 JESSICA CHIN KING

37 MISS LINOTTE

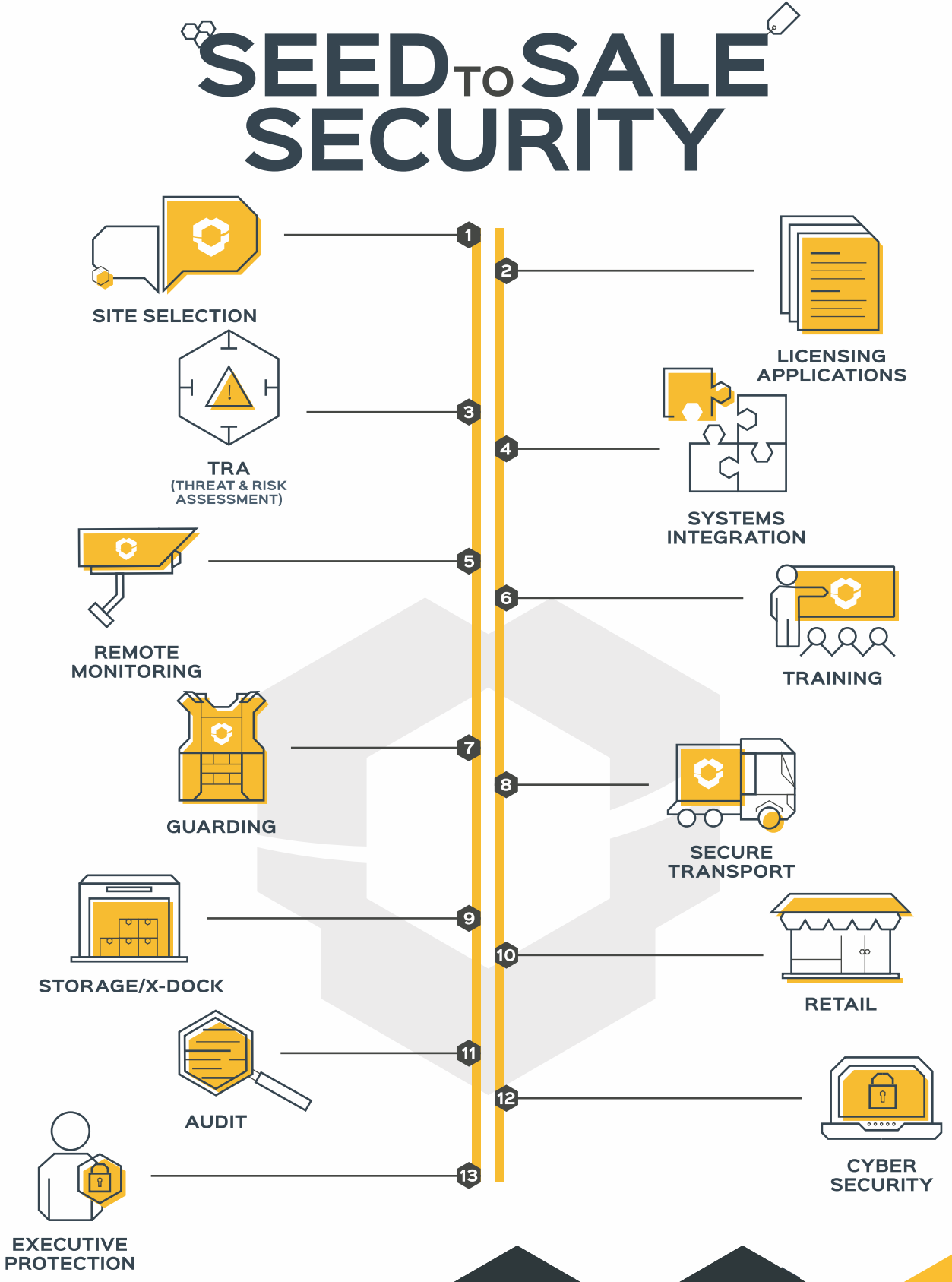
ICBC INTERNATIONAL CANNABIS BUSINESS CONFERENCE

www.internationalcbc.com

PLANET EARTH'S PREMIER CANNABIS BUSINESS AND NETWORKING EVENT

Musician Paola Vena aka @Paola_venamsp Photographer Ryit Photography aka @ryitphotography Clothing brand Bishop Brigante aka @BishopBrigante aka @Shoptheends

SEED TO SALE SECURITY



3 SIXTY SECURE CORP

sales@3sixtysecure.com 1 866 360 3360 3sixtysecure.com

HIGH! CANADA MAGAZINE

LIFT EXPO COVERAGE

Matei Olaru, CEO of Lift & Co - Photo Credit - BC Media Team

LIFT & CO SUPERSTARS

Matt Lamers, International Editor, MJBIZ Daily
Zamina Walji, VP of Retail & Consumer Markets Strategy, Aurora Cannabis Inc
Rosy Mondin, CEO & Director, World-Class Extractions
Andrew Miller, Head of Canadian Business Development-Canada, Australia, and New Zealand, Clever Leaves
Deepak Anand, CEO & Co-founder, Materia Ventures

- Photo Credit - BC Media Team -

The Lift & Co. Expo and conference hit Vancourver in January 2020. Long considered the 'BIG' cannabis conference and Expo - this was the first cannabis conference of 2020 and expectations were high indeed.

On the first day the Cannabis Business Conference (LCBC) brought together leading experts from across the industry to tackle subject matter from a uniquely Canadian perspective. This exclusive, all-day conference incited discussions around both the fast-growing medical and adult-use cannabis markets, as well as how Canadian businesses are in a position of leadership on the world stage. The industry-only trade show day offered focused opportunities for cannabis professionals to kick-start meaningful conversations, relationships and deals.

The Consumer day was the last day of the event and featured over 200 exhibitors from Canada and around the world, and speakers including the industry's most knowledgeable and inspiring movers and shakers.

The Lift & Co. Expo has easily become Canada's signature event for cannabis consumers, professionals and investors.

LIFT & CO BEST IN SHOW

There were some amazing companies exhibiting at the Lift in Vancouver in January 2020, but three really stood out to our team of roving High! Canada Magazine event reporters.

Remo Nutrients as always had one of the best booths at the show. West Coast Gifts really kicked their presence at Lift into high gear with an awesome exhibition spot and by hosting a truly amazing afterparty with Raw Canada and Dynavap complete with bowling!

Cannapiece really shined at the Lift as well - CannaPiece Corp is a contract manufacturer seeking to establish new standards in providing the industry with services and products to cover the gaps in the supply chain. CannaPiece Corp will offer a variety of services ranging from R&D, Product Development, Third-Party Processing, Packaging, Large-Scale Extraction, Production of Edibles, Topicals and Concentrates as white-labeled products to both domestic and international markets.

As one of the leaders in the industry, they are committed to providing industry leading services and high-quality products with research and development at their core.

LIFT & CO BEST IN SHOW
West Coast Gifts
"SINCE BEFORE IT WAS COOL"
Cheech & Chong GLASS

REMO
experion
LIFT & CO BEST IN SHOW

PipeDreemz Inc.

CANADA'S CANNABIS CONSULTANTS

2019 GROWUP AWARDS
BEST CANNABIS CONSULTANT

Together... we grow.

www.pipedreemz.org

ABOUT US

The PipeDreemz advantage is engineered to provide our clients with a turn-key methodology for the complete planning, application process, construction and continued support of their facility.

Your hard work and aspirations, built from the ground up, growing into a rich, vibrant and green future.

WHAT CAN WE DO FOR YOU?

Here is an overview of how we're boosting our clients' efforts and GROWING their bottom lines:

Streamlined Application Review and Assembly
Minimal client input required; PipeDreemz will facilitate the majority of the process.

Application Gap Analysis
A comprehensive review service for clients who prefer to assemble the application themselves. We provide valuable feedback on your application and guide you on where it should be, based on regulations and best practices.

Site Approval
Site location is critical. We will review and report on the acceptability of your site based on all applicable *Cannabis Act* regulations.
**Note: not all requirements are published.*

Security Design and Implementation
We assist with internal and external security design and installation of security systems.

Business Plan Review
Are your investment numbers correct? Based on our experience, we can review these numbers and fine-tune your business plan.

Standard Operating Procedures
We can supply you with recommended procedural guidelines (SOPs) for processes within the facility. For example Quality Assurance/Quality Control, Security, Production, Record-Keeping and Sanitation.

Engineering Design
Good Manufacturing Practices (GMP), European Union's Good Manufacturing Practices (EUGMP) and Good Production Practices (GPP) are applied to the building design, depending on your needs. We provide advice and recommendations on equipment, and everything in between.

Regulatory Oversight
We keep your building and facility within the regulatory and security requirements.

Onsite Training
Our multidisciplinary team can visit your site and train your staff on the required regulatory processes and procedures.

Production Planning
We can supply the production plan and flow for your facility. We have 50 years experience with production planning for commercial facilities including cannabis facilities.

Financial Projections
We can provide projections of your revenue, building costs, and facility production.

Sourcing of Equipment and Personnel
We will assist in recommending the equipment needed to make the facility fully operational, and can source professionals to staff your facility.

Multidisciplinary Support
Our team is multidisciplinary – we cover sanitation, production, security, fertigation, record-keeping, production,GMP, EUGMP, GPP, GLP and much more.

Let PipeDreemz be your guide to success in the cannabis industry!

Contact us today!

1-833-226-2776
info@pipedreemz.org
www.pipedreemz.org

HIGH! CANADA MAGAZINE

TOP 50 CANADIAN CANNABIS HEROES

ADVOCATES, VISIONARIES & REBELS

MEET THE PEOPLE WHO MOVED THE CANADIAN CANNABIS INDUSTRY FORWARD AS OBSERVED OVER THE LAST FIFTY ISSUES OF HIGH! CANADA MAGAZINE

PART TWO

In this second part of our High! Canada Magazine Canadian Cannabis Heroes, Visionaries, Advocates and Rebels we continue to list our favourite inspiring people within the Canadian cannabis community and industry as a whole. These are people who stepped up in a big way to challenge stigma and fight for the rights of the plant and the people. Through their actions and through their unwavering support of cannabis, they have shaped the current state of cannabis in Canada today. In our opinion the following people should be celebrated and honored for helping to really move perception of cannabis in Canada forward in so many different ways. From Master Growers to cannabis lawyers and so many different types of people in between - the Canadian cannabis industry has seen the rise of some of this proud Canadian generation's thought leaders and world changers.

Remo - Remo Nutrients

Remo is considered one of Canada's very best growers and is a medical cannabis patient as well. Back in 2001, he became one of the first people in Canada to be allowed to grow cannabis at home and carry it on himself legally, for medicinal purposes. Since then, he has been teaching people to grow safely and legally, and has been producing cannabis content on Youtube channel since 2006 (www.youtube.com/urbanremo). He developed the Remo Nutrients line in 2014 as a way to help people grow the

cleanest and best cannabis, in a way that is both easy and cost effective.

Remo Nutrients was truly spawned from a passion for growing. As "Urban Remo", Remo has helped thousands of people to learn the skills necessary to produce a world class product. His expertise covers all levels of growing and has landed him 34 awards, worldwide.

Remo brings his vast experience to Remo Nutrients, creating 8 products that offer a complete system of the vitamins, minerals, and extracts that your plants need to achieve their maximum growth potential. By using pharmaceutical grade ingredients, our system opens up your garden's growth potential to the maximum degree.

Remo's facility is located in beautiful Maple Ridge, BC.

Loretta Eldridge - Ample Organics

Loretta Eldridge is the Director of Marketing at Ample Organics, a leader in cannabis tracking and reporting technology that powers 70% of Canadian licensed producers. They are building the technological infrastructure for the global cannabis industry and that is amazing! Loretta brings extensive marketing experience from a decade-long career in book publishing, managing marketing teams in the development and implementation of national campaigns. She holds certificates in Strategic Marketing from Ryerson University, Creative Book Publishing from Humber College, and is a Bachelor of Arts (Hons) graduate from Trent University.

HIGH! CANADA MAGAZINE
TOP 50
CANADIAN
CANNABIS HEROES
ADVOCATES, VISIONARIES & REBELS

Danya Dixon - O'Cannabiz Conference & Expo - Canadian Music Week

Turning Canadian cannabis and Canadian music on it's head Danya Dixon has been and continues to be a force of nature .The recently appointed Canadian Music Week CEO has some ambitious plans for steering the multi-platform music extravaganza to new highs and the same can be said for the award winning O'Cannabiz Conference & Expo. Coming back hard in late April 2020.

Now in its 38th year, CMW is Canada's leading music, media and entertainment industry event that includes the Radio Interactive conference, trade show, awards shows and a music festival spanning five nights of performances at more than 40 live music venues in downtown Toronto. Danya has been with CMW for 11 years, most recently as Vice-President of Programming. Dixon also serves as the CEO of the O'Cannabiz Conference & Expo in Toronto,

launched in 2016, and shepherded the event's expansion into Vancouver and Niagara Falls. The 38th Annual Canadian Music Week will return to Toronto May 19-23, 2020. The O'Cannabiz Conference & Expo returns to Toronto April 23-25, 2020.

Nima Noori - Tvape

Nima Noori is the inspirational Founder & CEO of Tvape. Canada's premiere Vape and accesory shop. He is a strategy gamer and true connoisseur. Nima lived through a war as a child, forcing him to migrate to different countries in search of a new home.

A self-made entrepreneur, he is an architect of change and uncompromisingly driven to empower his team and conquer new ground. Logical and precise, he loves physics, carrot juice and 'A Beautiful Mind.'

Erin Goodwin

Past manager of both Vapour Central and Cannabis Culture - and then co-owner of a Cannabis Culture shop - Erin made headlines around the world standing up boldly to law enforcement during some of the tenser transitional times leading up to legalization in Canada.

She did the media rounds in the wake of raids, proudly announcing her store would sell weed to anyone 19 or older.

Erin has stood up time and time again for cannabis, for people, for action in our times and she is to be celebrated for her heroic ideals, her advocate's spirit, her visionary ideas and her rebellious spirit.

Erin is a true hero in the Canadian cannabis community. Leading by action and example with true courage.

Stephanie Karasick - Strainprint

Stephanie is the brilliant mind behind Strainprint. She as a copywriter at Leo Burnett, Saatchi & Saatchi, JWT, Taxi, and MacLaren McCann over a span of 15 years. Somewhere in that time, she began studying photography, left the corporate world to work as an editorial and family photographer, and a mom. The idea for Strainprint came to her after her first few months of using medical cannabis, when she was noticing how little information and scientific validation there was on various treatments.

Since then Strainprint has taken the cannabis industry by storm. Taking data collection and anylitics into every corner of the Canadian cannabis industry.

Alex Revich - Flowr

Alex is currently the Director of Partner Development and Education at Flowr. Alex joined MedReleaf in 2014 which was the beginning of his career in the medical cannabis industry. Alex was present at the outset of the Canadian Medical Cannabis Industry Association (CMCIA) and during his subsequent tenure he served as committee chair and held the position of interim Executive Director. He has spoken to thousands of patients with various conditions and ailments such as PTSD and chronic pain. Alex has worked with Veterans Affairs Canada on the coverage of cannabis and vaporizers and is a proponent of methods of ingestion other then smoking. He left MedReleaf at start of 2017 and focused on cannabis education by creating a program called “Cannabis IQ” alongside MD Briefcase and a faculty of 5 Health Care Professionals. Alex is now the Director of Partner Development and Education for a Licensed producer called Flowr out of Kelowna, British Columbia.

Jeremiah Vandermeer

Jeremiah Vandermeer is Cannabis Culture Chief of Operations and Editor of Cannabis Culture Magazine & Pot TV. Jeremiah is one of the most recognizable faces in Canada in Canada - as a 420 Vancouver organizer and as a prominent POT TV host he has brought cannabis education into the hearts and minds of countless Canadians.

Recently Jeremiah teamed up with Jody Emery to found Fair Cannabis. Which acts as an advocacy and lobbying group working to reform Canadian cannabis laws. It’s time for the entire cannabis industry to join forces and realize they’re fighting the same battle against government interference and over-regulation. The new

umbrella organization will help unite the scattered industry and bring together players from all corners of the market" said Jodie.

Annamaria Enenajor - Cannabis Amnesty

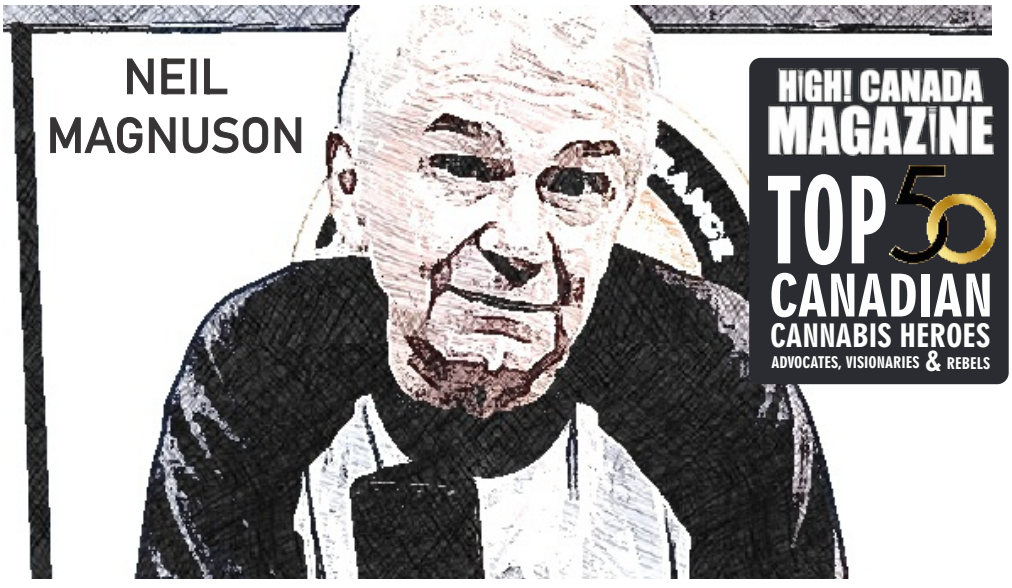
Annamaria was inspired to found the non-profit Cannabis Amnesty, which advocates for cannabis charges to be expunged, after witnessing the real-world consequences of cannabis convictions.

"Black Canadians, Indigenous people of Canada, and low-income Canadians are more likely to be stopped, searched, arrested, [and] incarcerated for cannabis possession offences than white Canadians," Enenajor said during an appearance before the House of Commons last May.

While Bill C-93 was passed in June to pardon cannabis convictions, only 118 of 234 applicants had been granted a pardon as of Dec. 1, 2019. In 2020, Cannabis Amnesty will continue to advocate on behalf of the more than 500,000 Canadians who still live under the shadow of a cannabis possession charge.

Neil Magnuson - The Cannabis Substitution Project

Neil Magnuson was originally a carpenter by trade. Neil spent years repairing stairs, doors, and structural damage in homes for insurance companies, which brought him to doing work for the Herb School in 2004. While helping build the grassroots collective—a since-closed activist-run hub for cannabis education—he began perusing some of its educational material.Neil says it was the combined knowledge gleaned from reading Jack Herer's The Emperor Wears No Clothes and conversations with fellow cannabis activist David Malmo-Levine that led him to start championing the global legalization movement. Hoping to spread knowledge of drug-war harms, he launched the Freedom Tour in 2006. For three years, Magnuson traversed some 5,000 kilometres across Canada on in-line skates, armed with a 12-page document outlining the inherent flaws of cannabis prohibition. Along



the way, he visited as many communities as possible, liaising with locals, police officers, mayors, and city councillors to dispel myths and disseminate information calling for fair medical access to cannabis—once even placing his material directly in the hands of then prime minister Stephen Harper. Neil now runs a weekly cannabis substitution program, heading a team of volunteers in handing out donation-based care packages to Vancouver's homeless and drug-addicted population.

Antuanette Gomez - CEO of Pleasure Peaks

Antuanette is the Founder and CEO of Pleasure Peaks, the leading Canadian cannabis brand for improving women's sexual health. She is also a full time cannabis consultant and a proud public speaker on cannabis and its cross-section with sexual, women and minority issues. Antuanette has been involved in and engaged with in the Canadian cannabis community for over 6 years. Her educational background in Holistic

Nutrition led her to discover alternative therapies for a broad set of ailments, including endometriosis, PCOS, and low sex drive. Cannabis is a clear frontrunner in positively impacting women's sexual health with its wide array of therapeutic benefits with little to no negative side effects and countless applications.

At Pleasure Peaks, Antuanette is responsible for developing a line of innovative cannabis products that will help more women enjoy an optimal sex life.

She drives research and development, oversees quality control, and forges relationships with manufacturers internationally. She is endlessly passionate about inspiring women in entrepreneurship and helping them to navigate the cannabis industry. Actively engaging in grassroots business planning with women inspired to work in cannabis, helping them to develop their business plans, find investors, and understand compliance in Canada.

Jonathan Zaid - Director of Advocacy and Corporate Social Responsibility at Aurora Cannabis Inc.

Jonathan is an amazing individual and his responsibilities include overseeing the development and implementation of Aurora's global CSR and advocacy initiatives. Jonathan also sits on the C3 industry association's Medical Cannabis Committee.

Since 2014 when he founded Canada's foremost non-profit cannabis patient advocacy

organization, Canadians for Fair Access to Medical Marijuana (CFAMM), Zaid has been recognized as a leading expert on cannabis policy, education, and advocacy. Jonathan served as CFAMM's Executive Director from 2014 to 2018. Zaid's unwavering commitment to advocacy has already and continues to transform policy among governments, insurers, and industry, and is regularly featured in major media outlets. Jonathan has been honoured by multiple awards, including being named one of five "Mavericks and Movers" by the Financial Post.

Britney Guerra

Britney Guerra has spent the last 10 years fighting for cannabis rights in Canada. Starting her career with Cannabis Culture In Vancouver BC, she went on to become Hamilton's spokesperson for all things cannabis during the years leading up to legalization

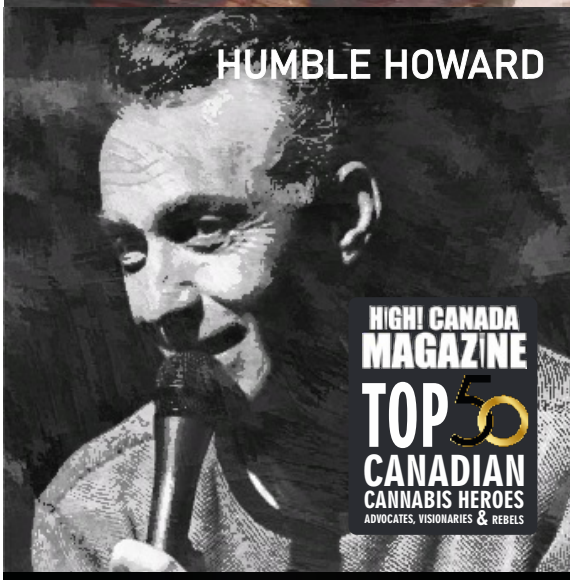
Humble Howard Glassman

Considered by many to be the voice of Morning Radio in Canada. In recent years, Howard turned his attention to cannabis in Canada and has become a vocal public voice for many aspects of the plant and has spent much time educating his listening audience about all things cannabis. Howard is to be commended for stepping into the public eye or ear as the case may be - in order to fight so very passionately for both understanding and an end to stigma.

Dana Carrabon

Dana Carrabon is a passionate creator, a cannabis advocate & activist. He is also an actor and Sales Associate at The Dragon: Smoke Sessions Depot. This esteemed member of the cannabis creative class has and will continue to create giant stigma breaking waves across the entire community. Dana, together with Mehdi Sidali are the creators of D & M Creative, which is the company behind last year's production of Reefer Madness which successfully intentionally shattered social stigmas regarding cannabis use for the sake of "medical aid & research, harm reduction services, and amnesty"

A graduate of the Ryerson School of Performance with a BFA in Performance Acting, he is also deeply involved in the Cannabis Industry. Through Ryerson University New Voices festival Dana produced an original work in "Reefer Madness", which he co-wrote and acted in. The story tackles on the deceitful and racist origins of cannabis prohibtion and the show was sold out to 140 people. The project continued into a successful run in the 2019 Toronto Fringe Festival: The city's largest theatre festival, going strong since 1989, which helped launched popular works like Kim's Convenience and The Drowsy Chaperone.



ONIT SCIENCES

COMING 2020

Terry Roycroft - President and CEO at Seven Points Clinics. Founder of MCRCI

In 2010, Terry Roycroft founded MCRCI, a private organization with licensed physicians on staff that educate and sign in support of qualified patients looking for legal access and guidance for medicinal cannabis. MCRCI soon became the leading cannabis clinic in Canada with a team of doctors who specialize in prescribing cannabis. With his knowledge and experience in the medicinal cannabis industry, Terry soon became one of the top consultants in the country for the Marihuana for Medical Purposes Regulations (MMPR) and the former Marihuana Medical Access Regulations (MMAR). Terry is a cannabis hero and currently uses his knowledge and expertise to continue expanding his network and database within the industry, locally and internationally, by working with production sites, pharmacists, medical laboratories, doctors, and patients - as well as at upcoming ventures with Seven Points Clinics. Terry has recently done talks in Australia to the College of Physicians and a number of talks across Canada to HR groups regarding medicinal cannabis in the workplace.

COSMO
PACKAGE & LABEL DESIGN

Open 9-4 Tuesday to Saturday

ESSENTIAL OIL ROLLER BOTTLES **CONCENTRATE CONTAINERS**
MYLAR BAGS MANY COLORS AND SIZES TINCTURE BOTTLES
DEODORANT STICKS **GLASS COSMETIC JARS** *GLASS SPRAYERS*
SERUM AND LOTION PUMPS *SPRAY PUMPS* **FOAMING PUMPS**

OPEN SEVEN DAYS A WEEK IN DECEMBER

250 210 7777 2863 Oak St Chemainus clair@revelco.ca cosmopackaging.ca

Tania Cyalume

Tania is a chemist and has worked in the pharmaceutical industry for many years. Over a decade ago, Tania started finding creative ways to create a social culture around cannabis consumption, having been involved in Toronto's Green Market, leading the Ganga Yoga meetup in Toronto's Christie Pits, founding the Queens of Cannabis dispensary in Toronto which was a celebrated LGBTQ+ positive, female-driven space that focused on creating a social space for medical marijuana users. As cannabis laws evolve, so does Tania. Her most recent endeavor has been the Bloom High Tea Social Club, a pop-up gathering for guests to gather over edibles such as cannabis-infused teas, chocolates, and the popular lavender lemonade.

Corey Herscu - Founder RNMKR Agency

For the past seven years, Corey Herscu has been a laser-focused branding strategist, thought-leader, and publicist. In July 2017, Corey moved on to start his own firm, RNMKR. As a full-service agency, RNMKR's clients have been featured in Rolling Stone Magazine, Business Insider, Playboy, Mashable, Cheddar, Uncrate, and many other mainstream outlets regionally and internationally. Corey is the best kind of cannabis rebel - and through RNMKR he has broken down stigma and created powerful and successful narratives, relationships, and branding opportunities within the Canadian cannabis industry.

Rahim Dhalla Pharm.D, MBA - Owner and Founder, Hybrid Pharm

Rahim Dhalla is the owner and founder of Hybrid Pharm in Ottawa and graduated from Massachusetts College of Pharmacy and Allied Health Sciences (MCPHS) in 2009 with a Doctorate of Pharmacy degree. After working in the community retail setting for 3 years at various locations, Rahim returned to school to complete an MBA at Bryant University in Rhode Island. Upon completion, Rahim migrated back to his hometown of Ottawa, Ontario to take over the family run pharmacy business. However, in 2016, his father was diagnosed with cancer and sold his pharmacy practice. After thorough research, Rahim started his father on cannabis oils to help combat his chemotherapy symptoms. Unfortunately, he passed away in late 2016 due to the progression of the disease. It was through this experience that Rahim's vision became clear: to help patients improve their overall quality of life utilizing a hybrid of traditional and non-traditional medicines.

Lisa Harun - CMO & Co- Founder, Vapium Inc.

Lisa Harun is one of the most awe- inspiring entrepreneurs in the cannabis industry. Lisa is the CMO and Co-Founder of Vapium Inc - a data driven, MedTech company leading three brands in the Cannabis Industry. She also works as a MaRs Advisor, MaRS being one of the world's largest innovation centres, cultivating high-impact ventures and equipping innovators to drive economic and social prosperity in Canada. In 2013, she

co-founded Vapium with Roboticist Michael Trzecieski. The company's three brands sell in over 20 countries and is a resident at Jlabs Toronto (Johnson & Johnson). Lisa wants to help people access medicine in a meaningful way and marvels at the outcome of seeing her ideas on the shelves.

Thomas Gerstenecker, Msc., CBCP, CD - 3Sixty Secure

Thomas Gerstenecker brings a sense of secuity with him on whatever project he works on. Rightfully so as he is the founder and Chief Executive Officer of 3|Sixty Secure Corp. With more than 25 years of experience in International Security Management, Thomas has earned a reputation as a respected expert and industry leader. He previously spent more than 15 years with the United Nations in various executive security roles to include Chief Security Advisor. Thomas also spent a number of years with Canada's elite special forces group JTF2. In 2011, he was awarded 'Security Director of the Year' by the Canadian Security Industry, highlighting his extensive experience developing risk management frameworks and business processes at the strategic, operational and technical levels within organizations. Thomas holds a holds a Master of Science degree in Risk, Crisis, and Disaster Management from the University of Leicester, and is a Certified Business Continuity Professional.

Dr. Sana-Ara Ahmed

Dr. Sana-Ara Ahmed is a practicing clinical Anesthesiologist in Alberta and Ontario with specialist training in Interventional Chronic Pain and Cannabinoid Medicine. An avant-garde entrepreneur and visionary, Dr. Ahmed developed a chronic pain medical clinic that has been servicing patients both in Alberta & Ontario. She moved in 2016 from Toronto to Calgary with the goal of providing integrative and compassionate chronic pain management solutions to Calgary and the surrounding areas. She has a diverse practice that focuses on targeted pain control for diagnosis and incorporates medical cannabis in a dignified manner for her patients. She is an MD graduate from the University of Saskatchewan in 2006 and received her designation in Anesthesiology and Medicine from the University of British Columbia in 2011. An astute clinical educator,

she is also a certified instructor in Simulation Medicine after completing her Medical Education Fellowship from the University of Toronto in 2013.

Dr. Ahmed is a champion for patient self-care, preventative health management and a holistic approach to treating chronic pain. Her passion for medical cannabis as a chronic pain solution has established Dr. Ahmed as a specialized expert in prescribing medical cannabis across Canada. She is a medical educator for physicians and allied health professionals regarding medical cannabis prescribing algorithms in both Canada & the US. This summer, Dr. Ahmed is opening a new medical center in NW Calgary directed towards clinical research on new medical cannabis treatments, interventional ultrasound guided pain relief procedures and integrative medicine for all populations here in Southern Alberta.

Robb Wells - Actor

Robb is a Canadian cannabis legend and plays Richard "Ricky" LaFleur on the acclaimed long running Canadian television series Trailer Park Boys. This man has single handedly moved awareness and acceptance for cannabis in Canada on a monumental scale. Likely responsible for Canadian's renewed love affair with hash - Robb Wells needs a coin, a stamp and a bank note with his image on it to properly celebrate all he has done during his career to further cannabis culture in Canada.

Alison McMahon - CEO of Cannabis at Work

Alison McMahon is the CEO of Cannabis at Work — a company that helps businesses navigate Canada's marijuana boom and manage marijuana use in the workplace. Founded in 2015, Cannabis At Work is the leading source in Canada for cannabis jobs, recruitment services, online industry training, and HR consulting services.

Cannabis At Work was the first to receive a government contract for retail staffing services from the Ontario Cannabis Retail Corporation. In addition to recruitment services, Cannabis At Work also provided education to employers on cannabis legalization and advised on drug policy changes. .

Alison is a true cannabis hero - tirelessly advocating for training and education as well as for cannabis and for cannabis users.

Classified - Musician

Lucas Boyd is better known by his stage name Classified and is a Canadian rapper and record producer from Enfield, Nova Scotia.

He is a musical genius and has been an outspoken and much needed Canadian cannabis spokesperson for a number of years now.

After launching the Half Life Records label, he released Canadian hit singles such as "Inner Ninja," "Anybody Listening," "Oh Canada." and the hit song “Legal Marijuana” from his newest album entitled Tomorrow Could Be the Day Things Change.

Need a prescription for medical cannabis?

Phytomedical is here to guide you through the entire process of getting a medical cannabis prescription and choosing a strain and dosage that is right for you.

From start to finish, we make the process seamless.

Find out more at www.phytomedical.ca

PhytoMedical

We are experts at the new ACMPR and we can get you a legal grow permit for medical purposes

647.907.5110 416.242.7205

26 Meteor Dr. | Toronto | Ontario | M9W 1A4

HIGH! CANADA MAGAZINE

KHRONIKKREATIONS INFUSED CAESAR SALAD DRESSING

There are just 6 ingredients in the best Caesar salad dressing recipe! (Plus salt and pepper)

Let's break down these ingredients:

1 ¼ Cup Mayonnaise – This is the base of the dressing and what makes it luxuriously creamy.

6 tbsp Cannabis Infused Olive Oil – This helps to emulsify the dressing and deliver the THC & CBD

2 tbsp Lemon Juice – Adds bright, lemony flavor and helps to balance out the richness of homemade Caesar salad dressing.

2 tbsp Anchovy Paste – In order to make a traditional Caesar salad dressing recipe… you need anchovies! The paste is great because it's easy to use and can be stored and saved to use later, unlike a can of anchovies.

2 tbsp Worcestershire Sauce – This easy ingredient adds a savory and umami flavor. A little goes a long way. If you're hesitant to use it, coconut aminos is fine to substitute.

6 Cloves minced Garlic – You can't make the best Caesar salad dressing without garlic! Mince it as small as you can, or use the side of your knife to make it into a paste.

Mix dressing. Whisk together mayonnaise, olive oil, lemon juice, anchovy paste, Worcestershire sauce, and garlic until smooth!

TAMMI STANHOPE
High! Canada Magazine Ontario Editor

That's it! I told you it was ridiculously easy.
Store this homemade Caesar dressing recipe in an airtight glass jar in the fridge for about a week. Remember, we're not using any preservatives, so it won't last as long as store-bought salad dressings, but should last just about as long as an opened jar of mayo.

If your dressing separates at all, simply shake up or whisk until smooth again.

KhronikKreations Paleo & Keto Baked Buffalo Cauliflower Bites Wings Recipe

Everyone will love these easy, healthy, crispy, and low carb buffalo cauliflower wings!

1 1/3 cup Almonds or 1 cup almond flour
1 tsp Garlic powder (optional)
1/2 tsp Sea salt
1 large Egg
1 head Cauliflower (cut into florets)
1/2 cup Buffalo sauce
1/4 cup Cannabis Infused Butter (use ghee or olive oil for dairy-free)

Preheat the oven to 400 degrees F . Line a baking sheet with parchment paper.

Combine the almonds, garlic powder (if using), and sea salt in a food processor. Pulse until the consistency is finely ground. (Do not over-process, or you'll end up with nut butter)

Place the almond mixture into a bag that will be large enough to hold the cauliflower, or a large bowl with a lid. Set aside.

Whisk the egg in a large bowl. Add the cauliflower and stir to coat. Make sure all florets are coated.

Immediately add the cauliflower to the bag or bowl that has the almond mixture. Seal or fold over the bag (or cover the bowl), and shake to coat the cauliflower

Arrange the cauliflower in a single layer on the baking sheet. Roast in the oven for 25-30 minutes, until browned and tender.

Meanwhile, toward the end of the oven time, heat together the butter (or ghee) and buffalo sauce. You can do this in the microwave or on the stove over medium-low heat. Whisk to combine.

When the cauliflower is done, transfer it to a serving bowl. Evenly pour the buttery sauce mixture over it, and gently toss to coat. (Don't be too rough, so that the breading stays on.) Serve with blue cheese (if not dairy-free) and garnish with green onions.

Tammi Stanhope
HIGH! CANADA MAGAZINE

Air Tight, Water Tight Container with Built-In Grinder

iGreen Planet Store Ltd

Authorized Canadian Distributor

MED CANADA TAINER

Custom printing available on Med-Tainers and Toker Pokers

Medtainer is available in 20 Dram, 40 Dram & Child Resistant

Humidity Control Packs Prevent Mold and Over-Drying

The All-Inclusive SMOKING TOOL!

TOKER POKER CANADA

Poke it. Pack it. Puff it. Pass it.

Every day essential item features a fold-in poker, space to wrap up to five feet of hemp wick, and a tapper end. Just add a Bic lighter and you're good to go!

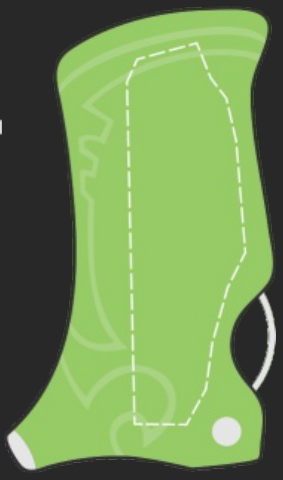
Boveda®
The global leader in 2-way humidity control.

GIZEH

Custom UV Laser 3D Logo Printing Available

MEDTAINER LID

20 Dram Print Area	40 Dram Print Area
1.3" x 1.3"	1.7" x 1.7"



TOKER POKER

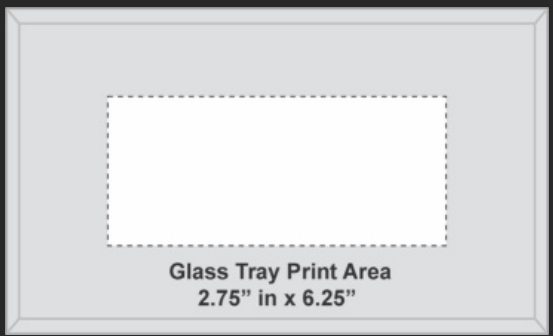
Print Area
2.65" x 0.82"

MEDTAINER BOTTLE

20 Dram Print Area	40 Dram Print Area
1.7" x 0.8"	2.25" x 1.1"

PRINTING DETAILS

- Print area are as specified for each product
- Artwork preferred in Adobe® Illustrator® (.ai), photoshop® (.psd), Portable Network Graphics (.png) or PostScript (.eps)
- The variety in color of a product may affect the appearance, quality, and legibility of your design.
- Contact your sales representative for a mock-up for a, specific product with color options.



Glass Tray Print Area
2.75" in x 6.25"

Visit Our Retail Site: www.medtainercanada.ca

Visit Our Wholesale Site: www.igreenplanetstore.com

Contact john@igreenplanetstore.com • 1-877-799-8854

HOMEGROWN™
HYDROPONICS

WHEN YOU NEED TO LEARN TO GROW YOUR OWN MEDICINE

TALK TO OUR KNOWLEDGEABLE STAFF ABOUT ALL THINGS GROW INCLUDING:

CLIMATE CONTROL

GROW LIGHTS

GROWTH NUTRIENTS

HYDROPONIC GARDENS

WWW.HYDROPONICS.COM

TALK TO THE EXPERTS AND LEARN TO GROW YOUR OWN!

USA
YONKERS, NY

CANADA
BARRIE
BELLEVILLE
BRESLAU
LONDON
LOWER SACKVILLE
NEWMARKET
NIAGARA
PETERBORUGH
KENSINGTON MARKET
TORONTO/MISSISAUGA
WINNIPEG
WINDSOR
WHITBY
OAKVILLE
OWEN SOUND

1-800-INFO-GRO

HIGH! CANADA MAGAZINE

Woman In Weed

JESSICA CHIN KING

Model Jessica Chin King aka @jessica.chin.king Photographer Ryit Photography aka @ryitphotography

Model Jessica Chin King aka @jessica.chin.king Photographer Ryit Photography aka @ryitphotography

HIGH! CANADA MAGAZINE

High! Canada Magazine had a chance to catch up to Jessica Chin King, an actor and producer from Toronto. She is currently extensively involved in producing a movie called "All The Little Angels" with Rodney Mark Johnson. This movie is being made to bring awareness to the human trafficking industry. Jessica also uses cannabis. How did you get involved with cannabis?

I dabbled with it a little in high school and once I found out it was being legalized I did research on it and found out the effects it has on many for health benefits. I completely support legalization of cannabis.

How does cannabis factor into your everyday life?

It really helps when a lot of my every day beauty products, hand creams, body lotions, shower gels include cannabis and hemp products. My experience with cannabis has been quite positive

Any advice for other women thinking about using cannabis?

Know the facts, start with small amounts, & you can never go wrong with hemp beauty products.

Last question - What are three things that you think everyone needs?

Everyone deserves a good friend for support. There's a lot of people these days who are depressed, suffer from anxiety and don't have a shoulder to lean on. It's unfortunate in our society. I think everybody should offer their shoulder and be a friend when they can. The second thing is understanding.

Nobody is perfect, and therefore it's always nice to have someone understand where you're coming from. The third one is inner peace. Where they can relax their mind and just chill. Be one with themselves and centre. No stress, no headache.

CannabisVapes.ca

BUY ONLINE

Canadas LARGEST selection of FSE, CBD & Distillate Vape Carts

20% OFF

With Coupon Code: "New20"

www.CannabisVapes.ca

1GRAM BC Vapes · ZEN MEDI CAL · KEYY VAPORIZER CARTS · feelcbd · SECRET GARDEN EXTRACTS · MILKY WAY EXTRACTS · HIGHVOLTAGE EXTRACTS

HIGH! CANADA MAGAZINE

MISS LINOTTE'S FRUIT SLURRY SUPREME

MISS LINOTTE
High! Canada Magazine Quebec Rep

The winter is long and cold, lacking sun and vitamins; this healthy duo of an exotic smoothie and a hemp cocochoco square will spark you up.

Raw non dairy, gluten free, a trend that goes hand to hand with cannabis.

The future is recreational, medical, health and sports all combine together in a happy marriage.

Spice up the smoothie with some raw cannabis and the winter will be evaporated with Miss Linotte!!!

Exotic Smoothielinotte

For one full blender - Prep time: 10 minutes

- 1/2 mango - 1/2 papaya - 1/2 banana - 1/2 avocado
- 2 tbsp pomegranate seeds - 1 tbsp milled flax seed
- 1 tsp cucurma powder - 2 tsp amla berry powder
- 1 tsp maca powder - 1 can of coconut milk - to need water
- 1 tbsp THC coconut oil - 1 tsp THC tincture sativa
- 3 gram decarb weed - 3 tbsp THC honey

1. Put all the ingredients in the blender and mix at high speed.

2. Serve and fly away in the mist and bliss of the moment with Miss Linotte!!

RAW HEMP COCO CHOCO CARRÉLINOTTE

Prep. time: 10 min
Frig: 2 hours
20 mg each (+ or -)

Ingrédients

- 1 cup puffed quinoa
- 2 cup puffed rice
- 1/3 cup cacao powder
- raw cacao nibs
- 2 tbsp chia seeds
- 2 tbsp milled flax seed
- chopped roasted almond
- pinch of salt
- 3/4 thc coconut oil and 1 tbsp
- 1 1/2 cup dark chocolate
- 1 tbsp almond or hazelnut butter

Steps

1. Combine all dry ingredients and vanilla in a big bowl.

2. In a small pot at low heat, melt thc coco oil and incorporate maple syrup.

3. Pour over dry ingredients, mix with a spatula.

4. Grease one 8 X 8 inches square mold.

5. Press uniformly the mix. Refrigerate. Once solidified, cut in squares.

6. Keep in fridge, be elevated and enjoy daily.

7. Pour over the square non cut.

8. Back to refrigerate for one hour.

Cut in squares, keep 2 weeks in the fridge.

Keep elevated with Miss Linotte!!!

HIGH! CANADA MAGAZINE

MISS LINOTTE
High! Canada Magazine Quebec Rep

THE FOGGY SEED COMPANY

25% off
* Use Code - Foggy25 at checkout

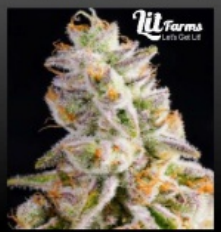
We are a trusted national supplier of top quality seeds based in Canada.

The Foggy Seed Company believes that success, is in the right genetics. We have a passion for helping others grow the best cannabis they can and we hope to pass this passion along and help your garden thrive!

Scan me

Here at The Foggy Seed Company, growing the best cannabis available with top genetics, is why got started.
That's why the Foggy Seed Company aims to be 'YOUR' best source to order the highest quality cannabis seeds available on the planet. All the best seed banks.....all under one roof. Stocking only the very best in cannabis genetics from top seed banks, both nationally and internationally. We have so many different varieties and breeders exclusive to The Foggy Seed Company. You'll be sure to always buy the right seeds, whether you want Regular, Feminized or Auto Flowering,,,,we have them all.
You can order directly at our user friendly web store at thefoggyseedcompany.com
Our competent staff is ready to support you with impeccable customer service, rapid seed dispatch and a top notch online shopping experience.
All our orders are Top Priority, and are Completely Discreet.
If you have any questions about our cannabis seeds or The Foggy Seed Company itself, don't hesitate to get in touch directly. Remember, we're always here to help!

CANUK NIRVANA BARNEY'S FARM Smokin' Js



IT'S A TIME MACHINE

FULLY COMPLIANT PACKAGING THAT PRESERVES

Take your customers "back in time" with our patented canning process that delivers on retaining the quality of your cannabis from cultivator to consumer, preserving terpene profiles better than any packaging on the market.*

· US Patent 8,863,947 B2 · US Patent 9,878,821 B2 · US Patent No. 10,124,941 B2
· US Patent Pending CPSC 16 CFR part 1700.20
· Child Resistant Lid Patent Pending, Pub #US-2017-035S-495-A1
For more info on our Patents, visit: www.n2pack.com/patents/

n2 Packaging Systems LLC

FOR MORE INFORMATION
N2PACK.COM

*See 12 month independent study at www.n2pack.com/stabilitytest/